

ASHEVILLE DOG TRAINING

GLOSSARY

25+ COMMANDS FOR MOUNTAIN LIFE

Your Guide to Building Trust & Safety With Your Pup

From hiking trails to downtown walks, these commands keep your furry friend safe and happy in Asheville.

Created by **Off Leash K9 Training Asheville**

 **MADE FOR ASHEVILLE DOGS**

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WHAT'S INSIDE

This glossary breaks down 25 essential dog training commands into three categories. Whether you're new to Asheville or a longtime dog parent, you'll find practical definitions and tips for each command.

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FOUNDATION COMMANDS

These six commands form the foundation of a well-behaved, safe dog—especially in Asheville's active outdoor community. They're the ones you'll use every single day, from trails to Main Street.

COME

The most important command for Asheville dog owners. Your dog comes reliably from 50+ yards away, regardless of distractions—whether it's wildlife on hiking trails, other dogs at local parks, or busy street corners downtown. This command keeps your pup safe in all Asheville neighborhoods.

SIT

Dog sits on-command and holds the position until released. **Extended Sit** means your dog stays put for longer periods—perfect for patios, waiting at crossing lights, or staying calm while you chat with other Asheville dog owners.

DOWN

Dog lies down and stays until released. **Extended Down** teaches relaxation and impulse control—essential for managing your pup in cafes, breweries, restaurants, and community spaces throughout Asheville.

PLACE

Dog goes to a specific spot you point to (a mat, a bed, a chair) and stays there until released. Perfect for keeping your pup out of the kitchen, on their bed during dinner, or settled on a patio while you enjoy Asheville's vibrant outdoor dining scene.

LOOSE LEASH WALKING

Dog walks beside you without pulling on the leash. **Game-changer for Asheville**—makes walks enjoyable on Blue Ridge trails, downtown sidewalks, South Slope brewery walks, and local neighborhoods without the constant tugging.

OFF

Dog won't jump on people. Whether greeting friends at home, meeting folks at dog parks, or seeing neighbors around Asheville, your pup shows polite manners instead of launching themselves at visitors.

ADVANCED SKILLS

Once your pup masters the foundation commands, these advanced skills unlock even more reliable, nuanced control. They're especially valuable for Asheville's hiking community and multi-dog households.

EXTENDED DISTANCE OBEDIENCE

Dog obeys commands from 50+ yards away. **Crucial for Asheville hiking**—your pup responds instantly even when they're exploring ahead on mountain trails, near wildlife, or at a distance in open areas.

HEEL

Dog sits or walks directly behind your left leg in a precise position. Perfect for crowded situations, downtown Asheville walks, or when you need your pup in tight control.

WATCH

Dog maintains eye contact and focus on you until released. Builds incredible connection and attention—especially useful for managing distractions in busy Asheville neighborhoods.

THROUGH

Dog goes between your legs and sits. A fun, advanced move that shows the trust and bond you've built—and it's just plain entertaining!

STAND

Dog rises from sit or down and remains standing. Useful for vet checkups, grooming appointments, or getting a good look at your pup's condition.

FRONT

Dog comes and sits directly in front of you, facing you. Essential for solid off-leash control and safe recall in all Asheville environments.

FOCUSED HEEL

Dog heels while staring at you, maintaining intense focus. An advanced version that shows complete attentiveness and partnership with you.

TOUCH

Dog places their paws on what you point to. Useful for opening doors, pushing buttons, or just playing interactive games together.

CASTING/SEND AWAY/LOAD-UP

Dog moves away to a location you indicate. Perfect for loading your pup into the car for trail adventures or guiding them into their crate.

LEAVE IT

Critical safety command for Asheville outdoor life. Your dog won't eat or touch something—whether it's food on the trail, wildlife, or something unsafe.

GREETING MANNERS

Dog greets people calmly without jumping. Makes visiting friends, meeting neighbors, and Asheville's dog-friendly community so much more pleasant.

MEAL MANNERS

Dog waits patiently for meals until you release them. Prevents resource guarding and teaches patience around food.

DOOR MANNERS

Dog waits at doors and gates until released. Prevents bolting—essential in Asheville neighborhoods where doors open frequently.

BEHAVIOR TERMS EXPLAINED

Understanding these terms helps you recognize what's happening with your pup and communicate better with trainers and other Asheville dog owners.

BREAK

The release cue that tells your dog they're done with a command. Your pup knows when they're free to move, play, and explore again.

AGGRESSION

When a dog displays threatening behavior—snarling, growling, snapping, biting, or lunging—toward people or other animals. Can stem from fear, protecting territory, resource guarding, frustration, or pain. **Off Leash K9 Asheville provides management training** to help keep everyone safe.

REACTIVITY

When a dog overreacts to triggers—other dogs, people, sounds, or movement—usually from fear or lack of socialization. **Common in Asheville's busy downtown and parks.** Different from aggression, but needs professional support to manage.

DISTRACTIONS

Anything that pulls your dog's attention away from you—sounds, smells, other dogs, wildlife, or interesting things. **Asheville has lots of distractions** (birds, squirrels, other dogs, street noise), which is why distraction-proofing training is so valuable.

MARKER

A signal—like a clicker or a word ("Yes!")—that pinpoints the exact moment your dog did something right and will get a reward. Helps dogs learn faster and more clearly.

E-COLLAR

An electronic collar used in balanced training. When fitted properly and used by a skilled trainer, it provides clear communication and helps achieve reliable off-leash obedience without pain or fear.

READY TO TRANSFORM YOUR WALKS?

Our Asheville trainers work with dogs of all ages and temperaments—from anxious pups to energetic hikers to dogs with behavioral challenges.

Whether you want reliable off-leash hiking, better leash manners, or help with specific behaviors, we've got you covered.

Get Your Free Consultation

 **(828) 338-8255**

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